

# SUMMER PUBLIC SWIMMING TIMETABLE



	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY			
	SHALLOW 25M	DEEP 25M	SHALLOW 25M	DEEP 25M	SHALLOW 25M	DEEP 25M	SHALLOW 25M	DEEP 25M	SHALLOW 25M	DEEP 25M	SHALLOW 25M	DEEP 25M	SHALLOW 25M	DEEP 25M		
06:00	3x Lane Swim, 2.0m depth (50m Pool) 06:00-08:30		3x Lane Swim, 2.0m depth (50m Pool) 06:00-08:30		General Lane Swim, 1.25/2.0m depth 06:00- 09:00		3x Lane Swim, 2.0m depth (50m Pool) 06:00-08:30		3x Lane Swim, 2.0m depth (50m Pool) 06:00-08:00							
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09:00											3x Lane Swim, 2.0m depth (50m Pool) 09:00-11:00		General Lane Swim, 1.25/2.0m depth 07:00- 11:00			
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11:30	4x Lane Swim, 2.0m depth 09:00- 15:30		General Swim, 1.25/2.0m depth 11:30- 12:30		4x Lane Swim, 2.0m depth 09:00- 15:30		4x Lane Swim, 2.0m depth 09:00- 14:00		4x Lane Swim, 2.0m depth 08:30- 13:00		Family Swim & Lanes, 1.0/2.0m depth 11:30- 15:00		Family Swim, 1.0/2.0m depth 11:30- 13:00		4x Lane Swim, 1.0/2.0m depth (50m Pool) 11:30- 13:00	
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<b>3x LANE SWIM</b> Our 3x Lane Swim session offers 3 lanes to the public with single width slow, medium and fast paced lanes with directional guidance.	<b>GENERAL SWIM</b> Swimming for all ages and abilities. We provide an open space with a minimum of 2 lanes in width.	<b>4x LANE SWIM</b> Strictly lane swimming with a double width lane for slow swimming as well as single width medium and fast lanes.	<b>GENERAL LANE SWIM</b> An open space with a minimum of 3 lanes in width, whilst still offering at least 3 lanes for lane swim including a double width slow.	<b>FAMILY SWIM &amp; LANES</b> Swimming for all ages and abilities. Lanes will also be delegated for lane swimming in the pool during these times.
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Our swimming timetable is set between certain dates, therefore does not include events and closures. Please check our website for any exclusions to the times above at: <https://www.surreysportspark.co.uk/home/visitor-information/latest-service-updates/>. Our shallow end offers 12 metres of shallow water before a ramp that leads down to 2 metres in depth. Aqua Jogging is not permitted during single lane swimming sessions. We offer double lane and general swim sessions where aqua jogging is permitted. Please see above for lane descriptions.

MONDAY 1ST AUGUST - SUNDAY 7TH AUGUST 2022

