

# SWIMMING

## Summer Timetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
DAYTIME SESSIONS (06:00 - 16:00)						
06:00 - 08:30 <b>50M LANE SWIM</b> SHALLOW & DEEP END	06:00 - 08:30 <b>50M LANE SWIM</b> SHALLOW & DEEP END	06:00 - 09:00 <b>25M LANE SWIM</b> SHALLOW	06:00 - 08:30 <b>50M LANE SWIM</b> SHALLOW & DEEP END	06:00 - 08:30 <b>50M LANE SWIM</b> SHALLOW & DEEP END	09:00 - 11:00 <b>50M LANESWIM</b> DEEP	07:00 - 10:30 <b>25M LANESWIM</b> DEEP
09:00 - 16:00 <b>25M GENERAL SWIM</b> DEEP	09:00 - 16:00 <b>25M GENERAL SWIM</b> DEEP	09:00 - 16:00 <b>25M GENERAL SWIM</b> DEEP	09:00 - 16:00 <b>25M GENERAL SWIM</b> DEEP	08:30 - 16:00 <b>25M GENERAL SWIM</b> DEEP	13:00 - 15:00 <b>FAMILY SWIM</b> SHALLOW	11:30 - 17:00 <b>50M LANESWIM</b> SHALLOW & DEEP END
EVENING SESSIONS (16:00 - 22:30)						
	19:00 - 21:00 <b>25M LANE SWIM</b> SHALLOW	16:00 - 18:00 <b>25M GENERAL SWIM</b> DEEP	19:00 - 21:00 <b>25M LANE SWIM</b> SHALLOW	19:00 - 21:00 <b>25M LANE SWIM</b> SHALLOW	15:00 - 18:00 <b>25M LANE SWIM</b> SHALLOW	
21:30 - 22:30 <b>25M GENERAL SWIM</b> SHALLOW	21:30 - 22:30 <b>25M GENERAL SWIM</b> SHALLOW	20:30 - 22:30 <b>50M LANE SWIM</b> SHALLOW & DEEP	21:00 - 22:30 <b>25M GENERAL SWIM</b> SHALLOW	21:00 - 22:30 <b>25M GENERAL SWIM</b> SHALLOW		
			<b>Swimming for non-members is changing!</b> Head to <a href="http://surreysportspark.co.uk/swimming">surreysportspark.co.uk/swimming</a> to find out more.			

Shallow - 0.9/1.25 dropping to 2m Deep - 2.00m

### GENERAL SWIMMING

Swimming for all ages and abilities. A minimum of 3 lanes for lane swimming, plus a general swimming area.

### LANE SWIMMING

Lane sessions only with up to 4 lanes available.

### FAMILY/OPEN SWIMMING

Swimming for all ages and abilities. Lane swimming cannot be guaranteed in all Open swimming sessions.